

Middle School Guidance



February 2004

Middle School Happenings

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There are a lot of educational activities taking place within the middle school guidance office during the month of February:

Project Alert Lessons in Sixth Grade

The drug prevention program curriculum has been underway in sixth grade now for about three weeks. There are eleven core lessons to the program. Those lessons are: (1) Introduction to Project ALERT, (2) Consequences of Smoking Cigarettes and Marijuana, (3) Drinking Consequences and Alternatives, (4) Introduction to Pressures, (5) Social Pressures to Use Drugs, (6) Resisting Internal and

External Pressures to Use Drugs, (7) Practicing Resistance Skills, (8) Inhalant Abuse, (9) Review and Practice of Resistance Techniques, (10) Smoking Cessation, and (11) Benefits of Not Using Drugs.

P.S.S.A. Math Preparation Test

Students in grades five and eight are able to familiarize themselves with the test questions in mathematics on the P.S.S.A. test. Information was given to all students to access the web site. The web address is www.drc-web.com/pssaprep. For more information, please contact Mr. Smith in the guidance office.

Quote of the month
"Remember anything you want that is valuable requires you to break through short-term pain in order to gain long-term pleasure."

(Anthony Robbins)



**HAPPY
VALENTINE'S
DAY**

Special points of interest:

- ✓ - Absent from school, check out the teacher lesson plans at <http://www.bbsd.com/ms/lplans.htm>
- ✓ - Excuses are due the day students return to school. A grace period of three days is allowed before becoming illegal.
- Bullying information can be found at: <http://www.bbsd.com/bullying>

Important Upcoming Events

The following are a listing of important dates to remember:

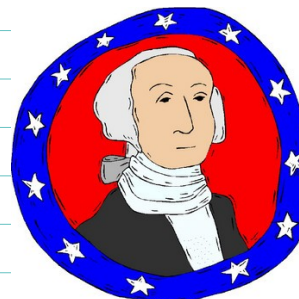
February 14, 2004 - Valentine's Day.

February 14, 2004 - Valentine's Day Social for middle school students. (5:00 - 7:00)

February 26, 2004 - Third nine week grading mid-term.

March 22, 2004 through April 2, 2004 - P.S.S.A. Math and Reading Assessment for Fifth and Eighth Grades.

March 30, 2004 - End of third nine week grading period.



Contact Mr. Smith

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